## PARCOURS OVERVIEW



Label	Category	Age in years	Supervision	Parcours	Difficulty level	Height	Amount of obstacles	Duration
$\Diamond$	Introduction	from 6	from the ground or in company	Introduction	easy	1 m	4	КК
		During the introduction, the staff will show visitors aged 6 years and older how and where to secure themselves in the Zurich Rope Park. Afterwards, customers practice the belay techniques on the introduction course under the supervision of the staff.						
	Minis	from 4	from the ground	Mogli	medium	2 m	9	К
				Zwärgli	medium	1.5 m	12	К
		2 courses in the outdoor pool area with 21 playful obstacles between 1 - 2 m height can be climbed through on your own: Barrels to sit down and pull yourself, spring feet to balance, fireman's pole to go down and much more.						
		ds from 6	from the ground or in company	Micky	easy	4 m	12	К
	Kids			Pippi	medium	4 m	13	M
				Wickie	heavy	5 m	11	M
		3 courses with 36 original and demanding obstacles between 4 - 5 m high. Start from platform with green net. Special obstacles are the Big Foot, ship, stilts and much more.						
		from 8 12 - 15 year ground or in	8 - 11 years: in company 12 - 15 years: from the ground or in company	Easy	easy	5 m	14	К
				Flying Wald	medium	12 m	11	K
	easy			Flying Bad	medium	12 m	10	K
				Golden Gate	medium	7 m	13	М
		3.5 Parcours among other things for the entry and final ride with 38 varied obstacles between 4 - 12 m height. Start from platform with blue net. The course Flying 12 m ends with a 75 m long cable car at the ticket office - minimum weight 40 kg.						

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		from 8	8 - 11 years: in company 12 - 15 years: from the ground or in company	Courage	easy	10 m	14	M
	medium			Acrobatica	medium	9 m	21	M to LL
				Himalaya	heavy	13 m	16	LL
		endurance	3 challenging courses with 51 obstacles at 5 - 13 m height. Each course has a different emphasis: courage, acrobatics or endurance. Start from the platform with red net. The jump into the open air and other tests of courage will demand a chrible, a bead of sweat and a smile from one or the other					
•	heavy	from 14	from the ground or in company	007	heavy	15 m	8	М
		8 obstacles for powerful sportsmen high up in the treetops. 8 challenging obstacles are divided at a height of 15 m over a distance of 50 m - especially for 007 aspirants.						
	MonkeyTree	from 6	from the ground	green	medium	8 m	1	KK
		from 8		red	medium	14 m	1	KK
		2 climbing trees with climbing holds up to 14 m height. Various routes lead to the summit sound. Abseiling with the Toppas is fun for young and old.						

## **Duration** depends on various factors:

- own climbing behaviour (fit, strengthened, experience, climbing start/end etc.)
- the whole group (similar needs, experiences, courage, mobility etc.)
- other climbers on the course (different pace, assistance on the course etc.)
- weather conditions (hot, wet, windy etc.)

## **Legend duration**

KK	very short	≈ 10 min
K	short	≈ 20 min
М	medium	≈ 30 min
L	long	≈ 40 min
LL	very long	≈ 50 min